

Annual Report

2019

Partnerships for Health



**SOLIDAR
MED**

**SolidarMed improves
health care for 2.5 million
people in Lesotho,
Mozambique, Tanzania,
Zambia and Zimbabwe.**

SolidarMed in 2019

05	The President's Report
07	The Director's Report
10	Improving primary health care
12	Training and further education of health personnel
14	Enhancing health care in the villages
16	Implementing programmes effectively
18	SolidarMed works sustainably
22	We are SolidarMed
25	Annual Financial Statement
26	Balance Sheet
27	Income Statement
31	Thank You
32	Partnerships
33	Our vision
34	Imprint

“In the coming decade as well, SolidarMed will continue to focus on the needs of those whose health would otherwise suffer.”

Niklaus Labhardt

► A few days after an operation in Lugala, Tanzania. Abel Chambua* will only need the wheelchair until he has recovered from his accident. *ob*
*Name changed



Health care for all



**Prof. Dr. med.
Niklaus Labhardt**
President

In 1978, the World Health Organisation published the declaration of Alma-Ata. To this day, the principles of primary health care stated therein serve as a guideline for SolidarMed and our project partners in the South. In particular in SolidarMed's rural, often remote project areas, primary medical care is still the main necessary focus: clean water, mosquito nets, family planning resources, safe births, as well as prevention and treatment for infectious diseases.

Our partner countries have fortunately advanced and the decades of collaboration is bearing fruit. In many regions in our project countries, the government health care system can sustain primary health care. At the same time, new challenges have arisen for the health care system. As such, chronic diseases such as diabetes, high blood pressure, HIV, tuberculosis and mental illnesses requiring complex treatment have in some cases significantly increased. Under fair access, these diseases too must be included as part of primary health care.

Together with our partners, we have taken on these new challenges over the past decade. We have consistently contributed to making HIV treatment part of primary health care in many locations and to ensuring that patients received appropriate therapy. Through consistent training and supervision of village health care workers, we strengthen the ties between the population and health care workers. Our training and further education programmes for health personnel and direct equipping of hospitals ensure that the clinics and health care centres are ready to accept patients and their medical problems.

SolidarMed in the new decade

Where is SolidarMed heading and how will our projects look in the coming decade? SolidarMed is bound by the international goal of universally accessible health care "Universal Health Coverage" (UHC). This means that prevention and treatment of all major diseases in a population are accessible to everyone. The costs of treatment, however, should not result in impoverishment. We will continue to work towards UHC, firm in our conviction that it must be possible for every person to receive health care of appropriate quality. We cannot achieve this goal alone. Together with our partners, we analyse where there are gaps in health care and align our projects accordingly.

"Aids & Child" joins SolidarMed

We would specifically like to highlight the fact that the Swiss foundation "Aids & Child" decided to disband and transfer its foundation assets and responsibility for continuation of the projects to SolidarMed. These projects, with a psychosocial focus, support children in Kenya, South Africa and India who are directly or indirectly affected by HIV.

SolidarMed will continue these projects in the interests of the donors and partner organisations. This too under the motto of fair access to prevention and health care for everyone.

SolidarMed in times of global pandemic

At the time this annual financial statement is going to press, the world is being ravaged by the COVID-19 crisis. As of the editorial deadline, it is still uncertain how strongly the novel coronavirus will affect Africa's popula-

tion. It is possible that the impact may be less severe than feared due to the very young average age of the population. It is, however, more likely that a rapid spread and high numbers of victims will arise in the overpopulated metropolises, townships and slums, especially in population segments that are immunocompromised due to HIV or malnutrition. COVID-19 will (over-) burden the health care system in Africa and regular primary health care will severely suffer as a result. SolidarMed therefore supports all of its partner countries in making certain that despite the novel coronavirus, children continue to be immunised, HIV patients continue to receive their medicines and mothers continue to safely give birth.

The COVID-19 example shows how important it is for SolidarMed to remain an agile organisation in the

coming decade, one that adapts to the health needs of the population and takes on those health problems that are otherwise not or inadequately covered.

We can only do our work towards fairer access to good health care thanks to your support. I would like to extend our gratitude to you here for your support over the past several years. I hope we will be able to continue to count on you in the coming decade as well.

My thanks also go out our dedicated teams and partners in Lesotho, Mozambique, Zambia, Zimbabwe and Tanzania and our staff in Switzerland.

Together, we will get one step closer to our vision of universal health coverage. Many thanks! ■

Responsibility for sustainable development



Jochen Ehmer, MD
Director

What do you do when a government is unable to care for its sick? When it is overloaded because the challenges in health care are large and the budgets are small? When health care personnel work to the breaking point? And hospitals cannot keep up because they are overloaded with ebola, cholera and corona? Esther Duflo searched for answers to these questions and in 2019, she received the Nobel Prize in Economic Sciences for her efforts. This distinction inspired us since these questions accompany our work day after day.

For women and children

We have responded to these questions with our projects. We have strengthened primary health care, treated malnourished children, promoted education for girls, provided clean drinking water and offered psychosocial support. We have treated malaria, fought HIV and enabled safe births.

And we have always ensured that those who need our solidarity the most are the focus of our projects: women, children and poor people. The rural population, the weak. We are committed to their health. Together with our partners in the South, in Switzerland and in Liechtenstein.

Rapid help in humanitarian crises

Women and children bore the brunt of the numerous humanitarian emergencies that plagued us in 2019. In Zimbabwe and Mozambique, for instance, hurricanes Idai and Kenneth destroyed the livelihoods of hundreds of thousands of people within an extremely short period – of people who are already fighting for survival every day. Here, SolidarMed, together with other Swiss partners, rapidly and pragmatically

provided humanitarian aid to more than 400,000 affected people, organised clean drinking water, created protection and refuge. Together with the authorities, we also ensured that hospitals and health centres were better equipped to handle future crises after these catastrophes.

Training, jobs and strong hospitals

Occupational training of health personnel is a cornerstone of all that. It not only increases the quality of medical treatment. Trained people find work more easily, earn an income and feed their families. Promoting the skills of our local partners therefore remained an integral part of our programmes. 36 hospitals, 156 rural clinics, 25 training centres and a university course of study, all benefited in 2019 from SolidarMed's support. Moreover, we are proud of the newly trained specialist advisers who together with our partners significantly improved diagnosis, treatment and care in hospitals.

Swiss expertise, a breath of fresh air and new ideas

Effective development cooperation draws life from skill and experience. This concerns both specialist medical topics and related areas such as climate-friendly construction or digital schooling methods. SolidarMed collaborates with a network of Swiss specialist advisers, universities and private companies to provide this expertise. Together with them, in 2019, we developed, implemented and scientifically worked through numerous innovative solutions. We are particularly proud of our partnership with EPFL Lausanne to establish an ambulance system in Mozambique, our research partnership with the Swiss Tropical and Public Health Institute and our collaboration with the Institute of Social and Preventive Medicine of the



► The growth of 6-year-old Dickson is recorded at Kivukoni Health Centre in the District of Mahenge (Tanzania) during a routine exam. *ob*

“After cyclone Kenneth, SolidarMed ensured that the health services in the north of Mozambique are better equipped to handle future crises.”

Jochen Ehmer

University of Berne for enhanced diagnosis and treatment of HIV. The approaches we developed with our Liechtenstein partners in the field of health education and social entrepreneurship in Zambia were also milestones in the past year.

SolidarMed not only boasts expertise and competence in specialist questions, but also in implementation. Our staff members on site, are familiar with the situation and seek sustainable solutions that continue in place once our projects have ended.

Responsibility for sustainable development

Day in, day out, we observe how fast the world is changing. SolidarMed is also changing. In order to enable a healthy future for our children, more and more, SolidarMed is also considering "new" topics such as the impact of climate change, migration and emerging epidemics as part of the Sustainable Development Goals (SDGs).

Our activities, however, continue to focus on the health of children, women and adolescents in the world's most impoverished regions. 1.7 million patients received outpatient treatment for diseases such as malaria, tuberculosis or asthma thanks to our work. And 32,900 people survived thanks to life-saving HIV treatment. All these people were given a second chance thanks to SolidarMed.

Only if we work together can we create a liveable, fair and healthy future for our children.

Our work would not be possible without the support of our numerous donors, patrons, members, testators, companies, foundations and partner organisations. My profound gratitude goes out to all who make our work possible and encourage us to keep going. Working towards a healthy world and a liveable future.

I hope you enjoy reading the annual report. ■



Improving primary health care

Accurate diagnoses and rapid, effective treatment are central to a functioning health care system. In 2019, SolidarMed improved the infrastructure of 36 hospitals and 156 health centres and assisted staff in medical matters.



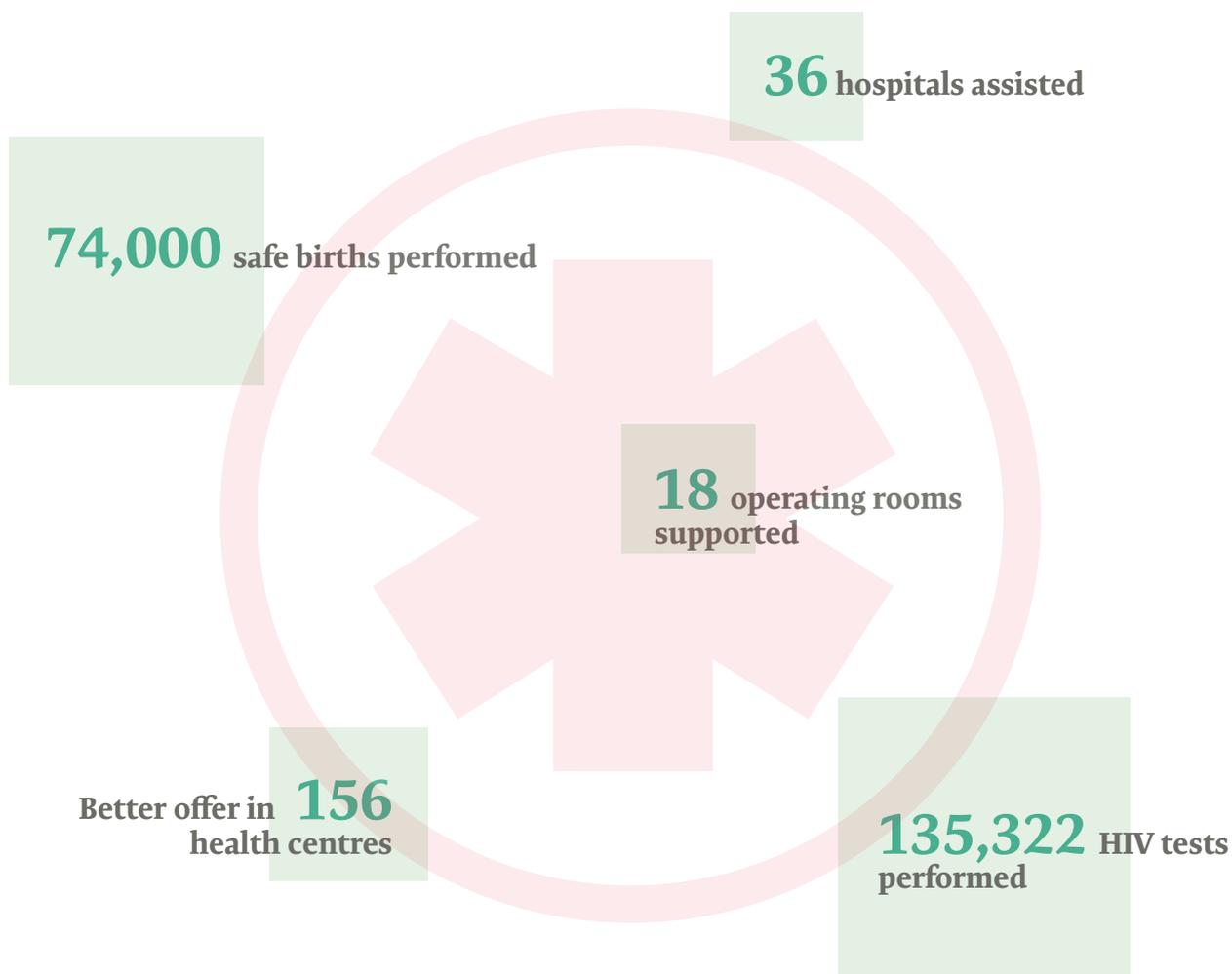
▲ Besides skin-to-skin contact between mother and child, consistent breast-feeding is an important part of the kangaroo care. *mh*

In the spotlight Kangaroo care for premature infants

In 2019, SolidarMed trained the hospital personal and over 60 so-called health agents in the kangaroo care method for premature infants at Lugala Hospital in Tanzania. In addition, the team renovated the maternity department and set up a room for intensive care of newborns. 145 premature babies, who would likely have died a year prior, were able to leave the hospital in healthy condition thanks to the new medical possibilities.

Kangaroo care is a simple, economical resource against the high level of child mortality in Tanzania where 25 out of 1,000 newborns still die within the first 28 days after birth. Of these, around 25% are premature babies and almost always underweight. The core of the method is the protective warmth via persistent skin contact between the mother and child and consistent breast-feeding. Scientific studies have already shown what this simple, cost-effective method has now

achieved in clinical practice: infant mortality and morbidity rates considerably decreased in 2019. Acceptance by the mothers in the region is so widespread that the department is already at capacity in its second year. ■



How SolidarMed makes a difference

In collaboration with partner districts and hospitals, in 2019, SolidarMed performed a wide range of services: expansion of infrastructure, procurement of equipment, clinical training and medical coaching, new treatment strategies, hospital management, measures to combat personnel shortages and for patient transport and much more. The key to the success of our interventions lies in respectful partnership. SolidarMed takes its partners' concerns to heart and helps them achieve their goals. At the same time, we expect a great deal from our partners: good medical quality, maintenance and servicing of the equipment provided and ensuring that agreements made are kept.

SolidarMed contributes to the following SDGs in this core area:





Training and further education of health personnel

More than half of the required health personnel is lacking in the rural regions of Africa. In 2019, SolidarMed trained specialised medical personnel, supported their further education and improved their working and living conditions.



▲ A registered nurse in the emergency department of Chiúre in Mozambique. The personnel use a triage system implemented by SolidarMed in order to make optimal use of the few beds. *rs*

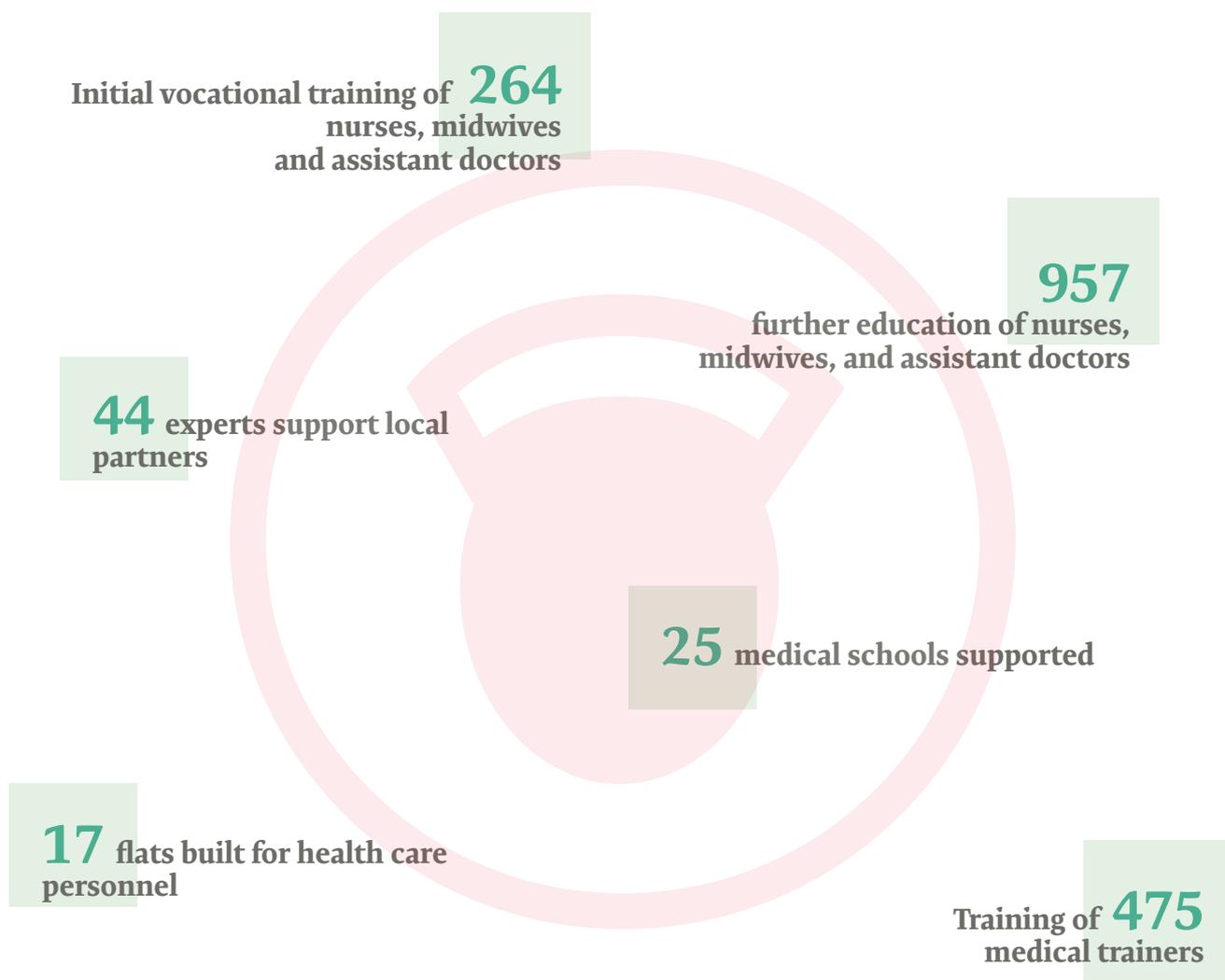
In the spotlight Digital helpers for rural health care services

In the reporting year, SolidarMed developed a new app in cooperation with the Zimbabwean Ministry of Health and the nursing staff with the involvement of the civilian population. This app made it possible to support and train nursing staff remotely and ensures monitoring by specialised personnel. Using this app for mobile phones and tablet computers, the nursing staff can rely on the experience of their professional colleagues. They are advised and supported on a regular

basis and in a structured manner via the app. This improves the quality of care.

This digital support is invaluable, for instance, for complex treatment such as that required by HIV patients. Regular controls are extremely important for therapeutic success, to check the state of health of the infected patients and to optimise their treatment. In addition to the specialist support, the app ensures that the patient data is centrally stored

and always accessible. In 2019, SolidarMed availed itself of the experiences garnered with this app to develop the national “eHealth Strategic Plan.” ■



How SolidarMed makes a difference

In 2019, in SolidarMed’s project regions, only 13 health care professionals took care of 10,000 people. The WHO recommends at least 45 in order to ensure that health care is largely guaranteed. Therefore, many developing countries outsource the tasks of higher-level specialist personnel to less qualified care personnel. This strategy allows to cushion the shortage of specialists, especially in rural areas. The prerequisite for this however is suitable training and specialist accompaniment of the personnel in these new tasks. In 2019, SolidarMed tackled the deficit of qualifications with training and further education. Over 1,200 doctors, midwives and nurses benefited from this. In order to ensure that the personnel remained at the hospitals in rural areas, we built additional living space and provided the personnel with specialist expertise.

SolidarMed contributes to the following SDGs in this core area:





Enhancing health care in the villages

Better an ounce of prevention than a pound of cure. In 2019, SolidarMed saw to the needs of especially marginalised groups right in their villages. This was done through expertise, advice and transport options.

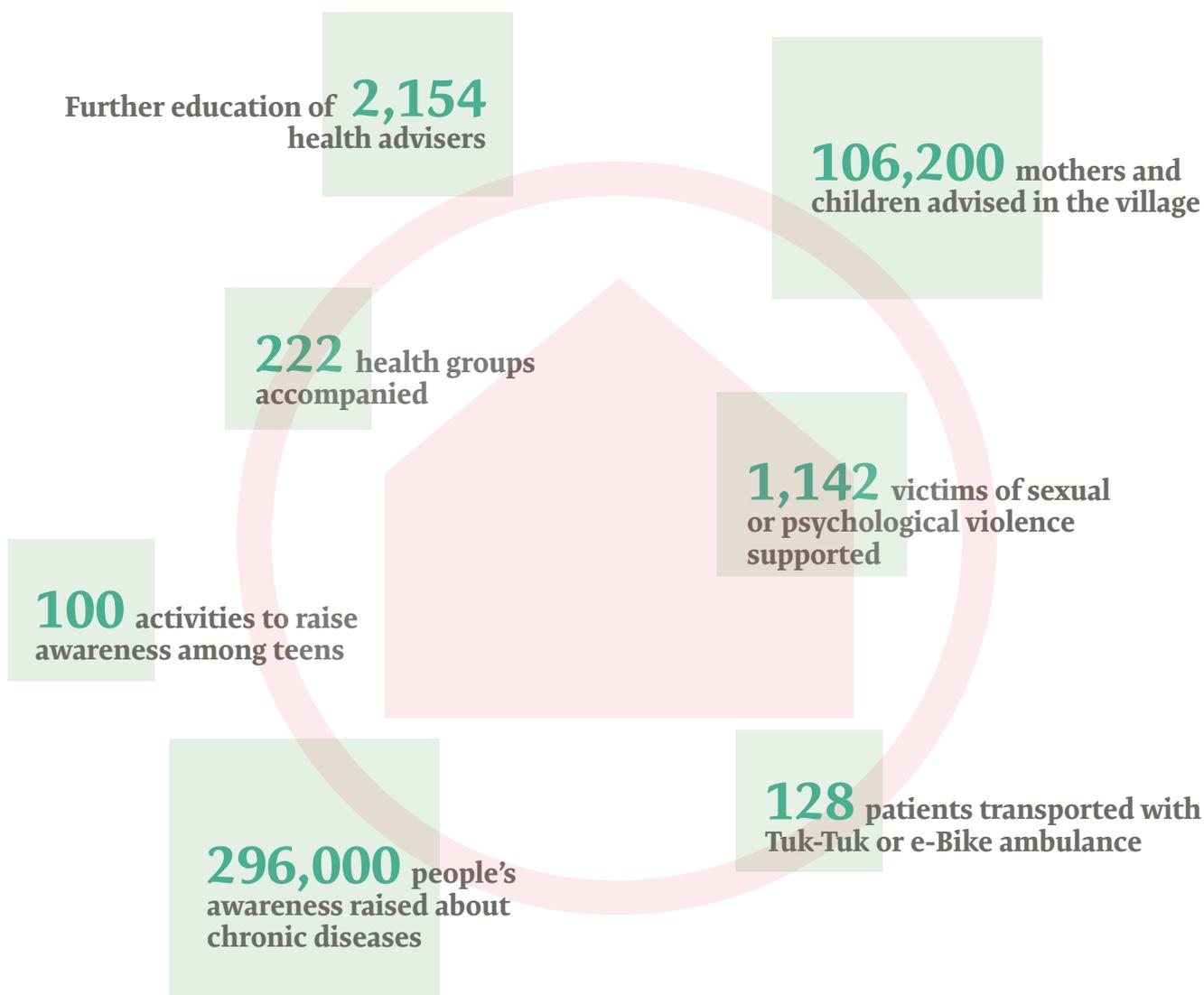


▲ The Tuk-Tuk ambulance drivers make their living with taxi services. In case of an emergency call, they are on the spot immediately and thus link the remote villages to the health care services . rs

In the spotlight Tuk-Tuk ambulance with taxi function

In 2019, SolidarMed tested an emergency transport system in its second year; this system is adapted to the needs and possibilities in rural Africa. Selected drivers transported just under 120 very pregnant women free of charge to the health care centre using Tuk-Tuks. The rest of the time, the independent taxi operators used the vehicle for transporting people or goods. This combined model of medical and economic use enables emergency transport and provides drivers with an income.

In conjunction with EPFL Lausanne, in 2019 SolidarMed worked on the business plan of the ambulance system in order to create an independent economic foundation. To this end, SolidarMed founded the not-for-profit company Okalihera. The Tuk-Tuks' fluorescent yellow colour is designed to attract taxi customers for transporting goods and people to remote villages. This produces additional revenues aimed at making the Tuk-Tuks, and thus the ambulance system, economically self-sustainable. ■



How SolidarMed makes a difference

In 2019, SolidarMed promoted more than 2,000 health advisers and groups in remote villages. They serve as an important liaison between the health care system and village community. They talk about topics such as family planning, safe birthing or protection against infectious diseases and facilitate access to medical aid.

The collaboration with village groups fosters the resilience of these communities through knowledge about health. Health advisers and committees observe the health of their village residents, support them in detecting early warning signals for serious diseases and calling for medical care in hospitals.

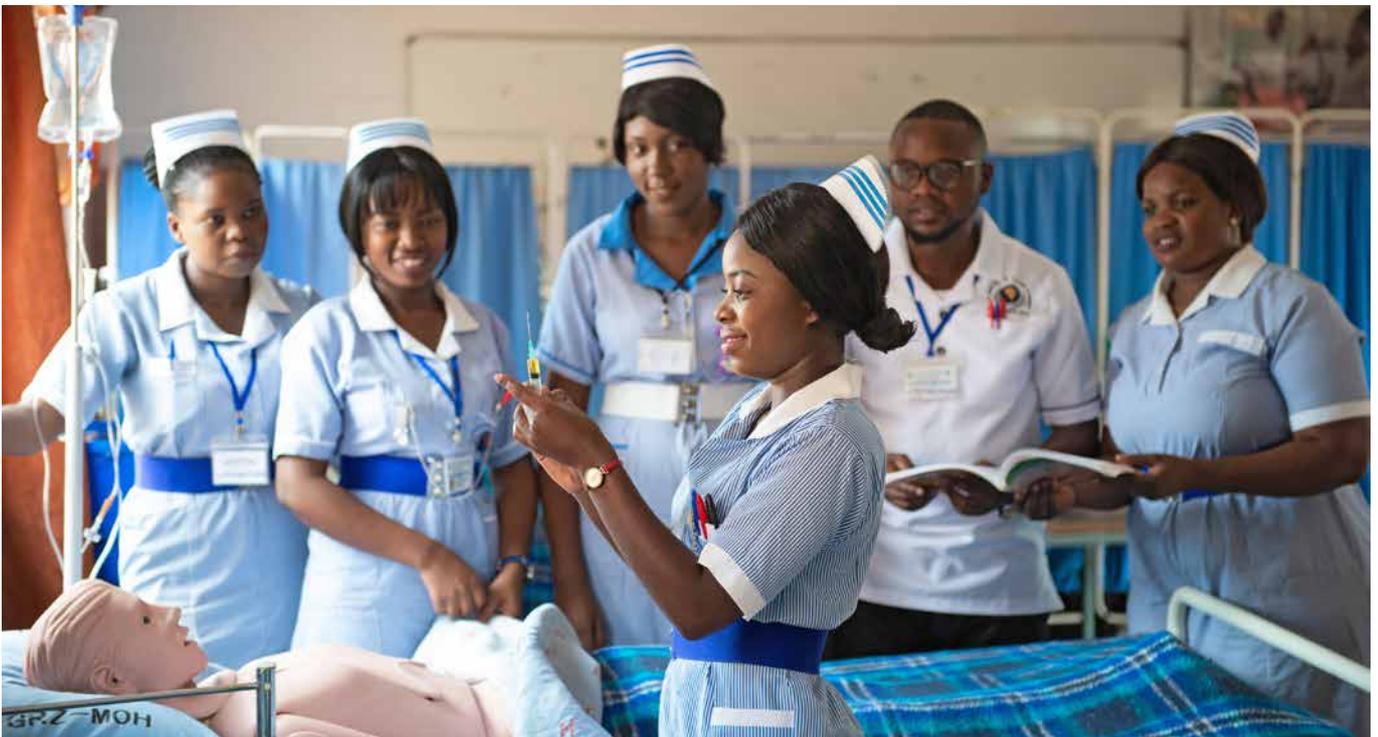
SolidarMed contributes to the following SDGs in this core area:





Implementing programmes effectively

In 2019, SolidarMed conducted field studies in conjunction with partners in order to check the effectiveness of the projects. The knowledge we gained was incorporated into the health policies of our partner countries.



▲ The rotation model which sends nursing students in Zambia to various hospitals was developed by SolidarMed together with St. Luke's School of Nursing and Midwifery in Mpanshya. The model was expanded to other schools throughout the country in 2019. *gb*

In the spotlight Effect beyond district borders

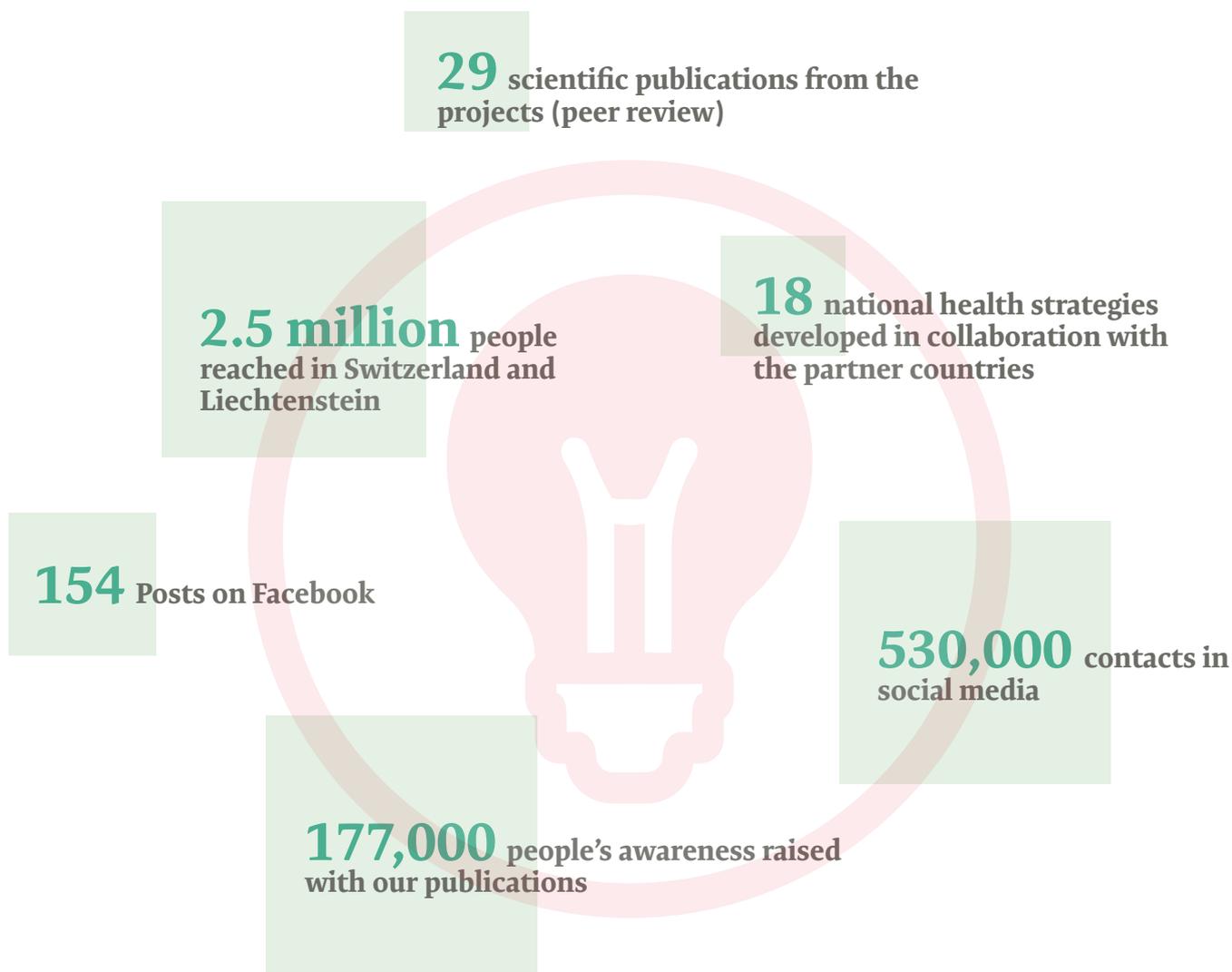
In three partner countries, SolidarMed was invited in the reporting year to take part in developing national health care strategies. This trust is the result of close, long-term collaboration with the local health authorities.

SolidarMed was asked to contribute its experience from its own projects and the knowledge gained from scientific studies on committees in which strategic decisions for the health care policy of the entire country are made.

Our experts in Zambia were part of the national expert group for health personnel. In Zimbabwe, SolidarMed contributed to implementing countrywide e-health solutions.

Based on SolidarMed's many years of experience in the treatment of HIV in Lesotho, the Minister of Health, Nhaku Kabi, called SolidarMed to join the National Expert Committee to work out the new HIV treatment guidelines. Thus, SolidarMed made a difference far

beyond the project regions. With the elaboration of the new treatment guidelines, Lesotho is taking an important step towards the goal of getting the HIV epidemic under control by 2030. SolidarMed's experience is incorporated into the country-wide strategy. ■



How SolidarMed makes a difference

We collaborate on scientific studies with both local and international partners in order to generate the necessary knowledge. In 2019, as a member and partner of networks such as Medicus Mundi Switzerland, the Swiss Malaria Group or the NGO Platform Switzerland, SolidarMed engaged in advocacy efforts here in Switzerland and Liechtenstein to promote the health concerns of people in the project countries. We did this through publications, a public information campaign (see page 18), events, lectures, media relations and social media communication. Scientific publications allow the knowledge gained to be taken up in scientific discourse. Cross-country exchange was also promoted last year: Employees from Zimbabwe and Mozambique came together to attend a multi-day exchange on mother-child care and eHealth. .

SolidarMed contributes to the following SDGs in this core area:



Partner countries and districts



SolidarMed did a lot of good in 2019

In its five partner countries in Southern and Eastern Africa, SolidarMed is strengthening the health care system. Within just one year, numerous people were able to benefit from enhanced medical care. With a very tangible effect:

1.71 million children, women and men were treated on an outpatient basis

1.22 million patients benefited from the training and further education of the health personnel

74% of HIV patients stayed on therapy for at least two years

2,593 newborns survived thanks to medical assistance

5,310 children survived malaria or diarrhoea

8,860 successful operations were performed in a SolidarMed-supported OR

33,000 HIV patients stayed on therapy for at least two years

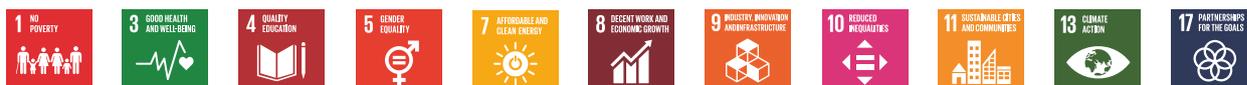
6,695 infants were spared an HIV infection

Sustainable development goals

SolidarMed's projects in 2019 were focused once again on number three of the Sustainable Development Goals (SDGs): good health and well-being. In addition, SolidarMed contributed to a total of 11 of the 17 goals. The projects contributed for instance to improving gender equality or quality education.

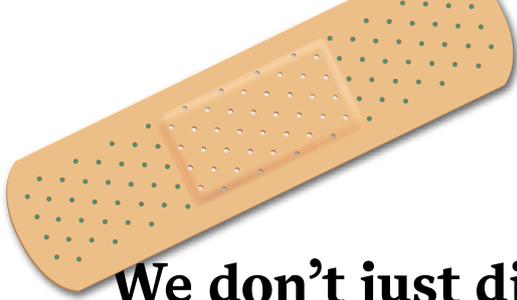


SolidarMed's projects in 2019 contributed to the following SDGs:



With the total of 17 sustainable development goals, the United Nations intend to tackle urgent ecological, political and economic challenges by the year 2030.

More on the topic of SDG:  solidarmed.ch



We don't just distribute bandages...

SolidarMed's awareness-raising work is quite varied. In 2019, it was supplemented for the first time with a cross-media campaign to emphasise how important endurance is for effective development projects.

**Wir liefern keine
Medikamente.
Sondern medizinisches
Fachwissen.**

Aktuell mit Coachings von Ärztinnen und Ärzten in Simbabwe. Helfen Sie mit: solidarmed.ch
Zusammenarbeit, die wirkt.

Goussou Diakité, Gynäkologe

**SOLIDAR
MED**

◀ SolidarMed doesn't need any models. Gynaecologist Goussou Diakité works for SolidarMed as a project leader and trainer in Mozambique.

▶ Conceição Alexandre was the second face of the awareness-raising campaign. This registered nurse works in a health care centre in Mozambique and is specialised in mothers and newborns.

**Wir stellen keine
Diagnosen. Sondern die
nötige Infrastruktur.**

Aktuell für Kaiserschnitte in Mosambik. Helfen Sie mit: solidarmed.ch
Zusammenarbeit, die wirkt.

Conceição Alexandre, Krankenschwester

**SOLIDAR
MED**

**Wir verbinden keine
Wunden. Sondern
Patienten und Spitäler.**

Aktuell mit einer E-Bike-Ambulanz in Mosambik. Helfen Sie mit: solidarmed.ch
Zusammenarbeit, die wirkt.

Zacharia Charles, Krankenschwester

**SOLIDAR
MED**

◀ Zacharia Charles is an experienced registered nurse in Mahenge in Tanzania.

Awareness-raising campaign 2019 – for sustainable development projects



◀ In 2019, SolidarMed reached a large audience with a cross-media campaign in eight Swiss train stations, in pharmacies, on billboards and in social media.

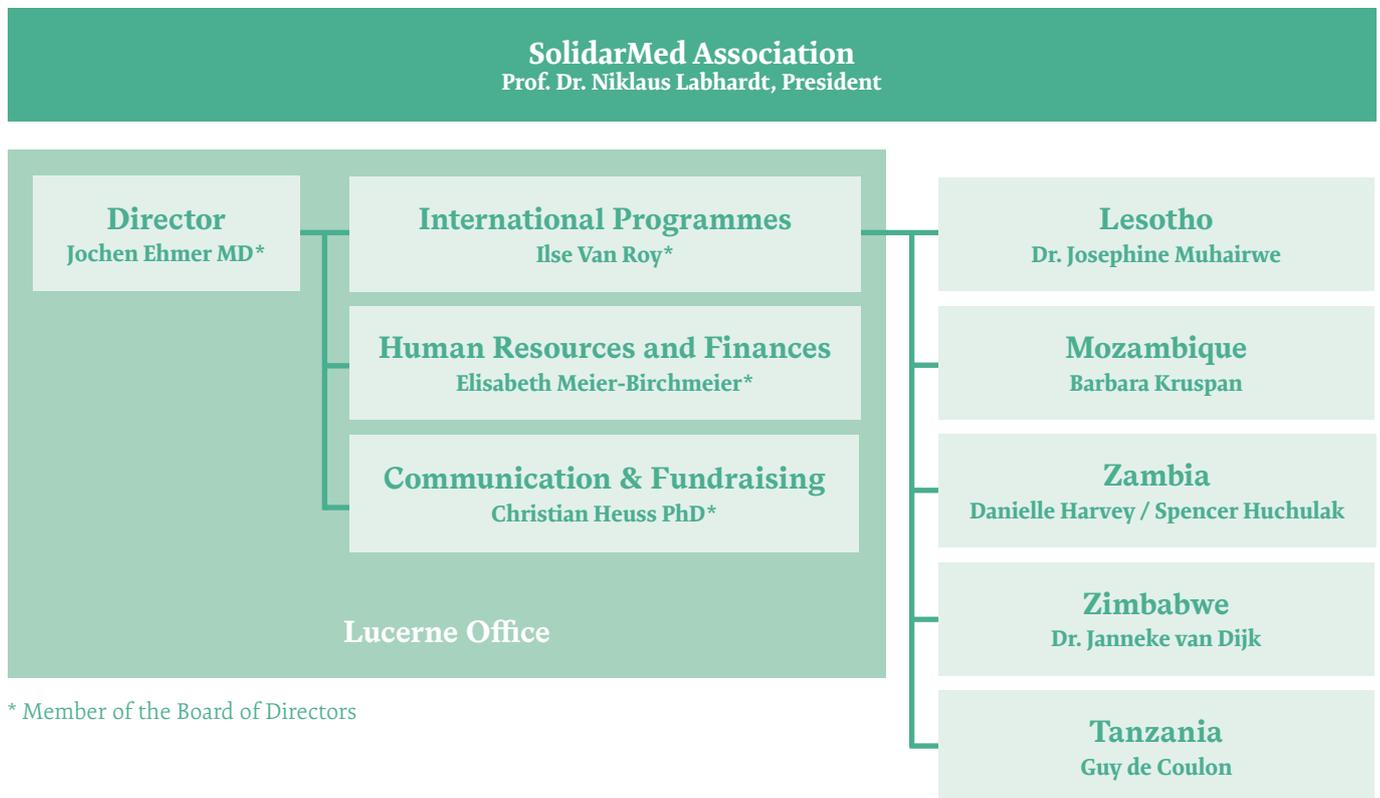
▼ SolidarMed employee Gaoussou Diakité has worked for SolidarMed for three years. Diakité trains the local surgeons at the health care centre in Metoro where SolidarMed made it possible to build an operating room.



▼ The 2019 campaign focused on local personnel in the partner hospitals. Cremilde Pedro Mafongoane learns how to perform new procedures by herself during operations in Metoro (Mozambique).



Our teams in the North and South



The members of the Board of Directors performed over 1,233 hours of volunteer work in 2019. The management was composed of the director and the head of the departments of “programmes”, “communication & fund-raising” and “human resources & finances.” In 2019, SolidarMed filled 13 full-time positions in Switzerland and 13 in the project countries. Around 120 staff members were employed on site with local contracts.



◀ Board of the Association

From left: Dr med. Robert van der Ploeg (since 2016) ■ Dr med. Markus Frei (since 2016) ■ Maria Thiess (since 2009) ■ Hansjörg Widmer (since 2013) ■ Prof. Dr med. Niklaus Labhardt, President (since 2016) ■ Ruth Ospelt Niepelt, Vice-President (since 2013) ■ Dr med. Gregor Stadler (since 2013) *ob*

Not pictured: Prof. Guido Keel (since 2016)

SolidarMed Ambassadors

Nadine Strittmatter (model)

Nik Hartmann (moderator, journalist)

Nino Schurter (mountain bike Olympic medallist)

Stephan Lichtsteiner (professional footballer, national player)



▲ Lesotho Team *sm*



▲ Mozambique Team *sm*



▲ Zambia Team *sm*



▲ Switzerland Team *sm*



▲ Zimbabwe Team *sm*



▲ Tanzania Team *sm*

**“During the reporting year,
84.4% of the funds went
directly to the programmes.”**

Elisabeth Meier



▶ Registered Nurse Zenaiba Martins during a prenatal exam. During a prenatal exam, not only the child's health but also the expectant mother's health is checked. *rs*

More resources for projects once again



Elisabeth Meier-Birchmeier
Head of HR & Finance

Just like in the previous year, project expenditures also fortunately increased in 2019, this time by CHF 685,000. This in turn benefited more people in the project regions.

SolidarMed was able to implement its project activities thanks to its earnings of nearly CHF 10.5 million. Revenues from donations and legacies slightly decreased at CHF 174,000; however, proceeds from earmarked donations rose by CHF 565,000 and revenues from the public sector (Liechtenstein Development Service LED and the Swiss Agency for Development and Cooperation SDC) increased by around CHF 145,000.

In the current year, a total of CHF 205,000 in earmarked donations for the following years were transferred and therefore set aside in the funds reserved for projects for subsequent use. SolidarMed withdrew CHF 312,000 for current project activities from organisational

capital in order to offset these movements.

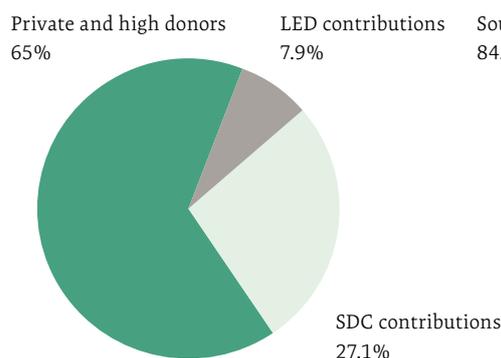
The highly successful stock market year was evident in the financial income of CHF 334,000, thus making it possible to allocate CHF 270,000 to the currency fluctuation fund. There are now CHF 400,000 available to cover any securities losses in a bad stock market year.

Thanks to budgetary discipline, SolidarMed kept fundraising (11.7 percent) and administration (3.9 percent) costs low and was considerably below the threshold values set by the Zewo Foundation. Out of every CHF 100.00, CHF 84.40 (previous year: CHF 83.60) went to the programmes in the South and North. ■

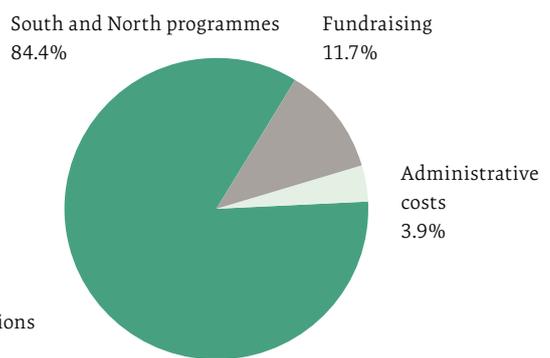
Note: The Annual Financial Statement and the report of the auditors including annexes are available at solidarmed.ch



Source of funds 2019



Use of funds 2019



	2019		2018	
	CHF	%	CHF	%
Assets				
Current assets				
Cash	4,144,745		4,253,347	
Assets held for trading at quoted market price	3,095,153		3,040,535	
Other short-term receivables	200,308		151,376	
Project advances	109,851		286,887	
Prepaid expenses	18,501		13,632	
	7,568,558	99.8	7,745,777	99.8
Fixed assets				
Plant and equipment	15,101		16,671	
Other investments	1		1	
	15,102	0.2	16,672	0.2
Total Assets	7,583,660	100	7,762,449	100
Liabilities				
Short-term liabilities				
Liabilities from sales and services	239,598		470,122	
Accrued expenses	208,414		311,316	
	448,012	5.9	781,438	10.1
Long-term liabilities				
Provisions	175,642		184,442	
	175,642	2.3	184,442	2.4
Funds reserved for projects				
SDC projects	-30,000		0	
LED projects	785,422		646,075	
SolidarMed projects	891,088		794,843	
	1,646,510	21.7	1,440,918	18.6

Balance Sheet as of 31.12.2019 / Income Statement 1.1. - 31.12.2019

	2019		2018	
	CHF	%	CHF	%
Organisational capital				
Share capital				
Paid-in capital and reserves	881,633		881,633	
Fixed capital				
Currency fluctuation fund	400,000		130,000	
Free capital				
Fund 1 unrestricted funds	2,695,241		2,774,841	
Fund 2 unrestricted funds	1,336,622		1,569,177	
	5,313,496	70.1	5,355,651	69.0
Total liabilities	7,583,660	100	7,762,449	100
Earnings				
Donations, legacies, membership fees	1,973,340	18.8	2,147,186	21.5
Purpose specific income				
SolidarMed projects	4,851,262		4,286,558	
	4,851,262	46.2	4,286,558	43.0
Public sector contributions				
SDC program contribution	2,730,000		2,730,000	
SDC mandates	120,000		1,306	
LED Zambia	823,715		798,039	
	3,673,715	35.0	3,529,345	35.4
Other income	367	0.0	4,343	0.0
Total income	10,498,684	100	9,967,432	100

	2019		2018	
	CHF	%	CHF	%
Expenditures				
South programme				
Personnel expenses project management Switzerland	-802,610		-671,205	
Project visits	-54,832		-64,235	
Share of office costs and depreciation	-37,264		-31,169	
SolidarMed projects	-6,886,779		-6,329,998	
SDC mandates	-150,000		0	
LED Zambia	-600,323		-749,709	
	-8,531,807	80.0	-7,846,316	79.7
North programme				
Personnel expenses	-208,801		-202,067	
Public relations	-241,083		-156,938	
Share of office costs (incl. IT) and depreciation	-26,825		-20,681	
	-476,709	4.4	-379,686	3.9
Fundraising				
Personnel expenses	-485,713		-472,580	
Fundraising	-508,579		-554,844	
Share of office costs (incl. IT) and depreciation	-254,336		-211,234	
	-1,248,628	11.7	-1,238,658	12.6
Administrative expenses				
Personnel expenses	-309,097		-305,196	
Association work	-4,786		-6,046	
Office and administrative expenses	-51,371		-27,741	
Travel and representation expenses	-8,120		-6,284	
Memberships	-6,415		-7,857	
Share of office costs (incl. IT) and depreciation	-32,344		-22,160	
	-412,134	3.9	-375,284	3.8
Total expenses	-10,669,278	100	-9,839,944	100

	2019	2018
	CHF	CHF
Operating result	-170,595	127,488
Financial income		
Income from interest and securities	365,004	49,947
Expenses interest and securities	-30,971	-271,948
	334,033	-222,001
Result before changes to restricted project funds	163,438	-94,513
Statement of changes to restricted project funds	-205,593	15,826
Result (before changes to organisational capital)	-42,155	-78,687
Withdrawal from organisational capital	397,745	367,146
Allocation to paid up and acquired capital	0	0
Allocation to fund 1 unrestricted funds	-85,590	-288,459
Allocation to currency fluctuation fund	-270,000	0
Total allocations / appropriations	42,155	78,687
Results after allocation to organisational capital	0	0



“Thanks to your invaluable dedication, newborns and young mothers in rural Africa are given a second chance.”

Lisbeth Pembele

► Mother and baby recovering from birth at the Bota health care centre in Zimbabwe. *mh*

Thank you for your support

Thank you for your generous support. Together with you, in 2019 we were able to offer thousands of families in rural Africa medical help which they urgently need. Unfortunately, we do not have enough room to mention all our donors by name, which is why we only listed institutions with an annual donation of CHF 1,000 or more. Therefore, we extend our thanks to everyone we could not mention or who did not wish to be named. Because every donation makes a difference.



Lisbeth Pembele
Project partnerships

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Lucy Kormann
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Andrea Schneeberger
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SolidarMed improves health care for 2.5 million people in Lesotho, Mozambique, Tanzania, Zambia and Zimbabwe. We specifically strengthen existing medical facilities and train and further educate the local health personnel. Our projects are developed in close collaboration with hospitals, health centres and authorities, accompanied by local health care professionals.

SolidarMed

- protects mothers, children and adolescents.
- fights diseases such as malaria, tuberculosis and diabetes.
- improves the quality of hospitals and health centres.
- trains and further educates health personnel.

In Switzerland, SolidarMed raises awareness for the urgent need for medical care in rural Africa. As a Swiss non-profit organisation with a Zewo certificate, SolidarMed works efficiently, conscientiously and transparently. SolidarMed continuously reviews all projects for their effectiveness and improves them accordingly.

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▼ The picture on the cover page shows Solohu Sebo from Mozambique. In a conversation with Gaoussou Diakité and Anna-Katharina Bagemiel she reports on the consequences of Hurricane Kenneth on their lives and the subsequent support by SolidarMed in 2019. *rs*





Gaoussou Diakité, Gynäkologe

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